

PST/INTERVIEWS FOR NAB LITTLE CREEK, VA

Dates for 2004

JAN 8 TH / 22 ND	FEB 5 TH / 19 TH	MAR 4 TH / 18 TH	APR 1 ST / 15 TH / 22 ND
MAY 6 TH / 27 TH	JUN 3 RD / 24 TH	JUL 8 ND / 22 ND	AUG 5 TH / 26 TH
SEP 2 ND / 23 RD	OCT 7 TH / 21 ST	NOV 4 TH / 18 TH	DEC 2 ND / 16 th

Time 0700

Arrive min 15 early to ensure you have time to warm-up. BE READY TO START THE PST @ 0700

LOCATION

Building 3856
Naval Amphibious Base Little Creek, Norfolk, VA

DIRECTIONS

Arrive at the intersection of Shore Drive and Independence Road. Enter through Gate 5 and proceed to the second stoplight. Turn left at second stoplight **Gator Boulevard** and drive to the stop sign. Cross the intersection. Building 3856 is directly to your right. Ample parking is available. Park in area labeled "Student Parking."

GEAR LIST

Candidates are required to arrive 15 minutes early with the items listed below:

The original approved special request chit
Service and Medical Record
Military identification card
T-shirt, dungarees or cammies, and boots for **SEAL candidates**
T-shirt, shorts, and running shoes for **SWCC candidates**
Swimsuit and towel
Drinking water

**NOTE: YOU WILL NOT BE SCHEDULE FOR THE PST UNTIL
YOU HAVE BEEN CLEARED BY BUD/S MEDICAL. PLEASE READ
AND FOLLOW THE STEP BY STEP GUIDELINES:**

<http://www.seal.navy.mil/seal/pdf/pstrequest.pdf>

Successful completion of the PST

Candidate will be interviewed, IAW MILPERSMAN 1220-150.
Interview requirement items:

- (1) Uniform of the day
- (2) The original approved special request chit
- (3) Military ID
- (4) Service record
- (5) Medical record
- (6) Wavier(s) (See Waivers)

NOTE:

Cancellations or rescheduling of a scheduled PST can be
Requested via

Email: <mailto:pstcoordinator@navsoc.navy.mil>

Filename: PST Dates_NAB_LCRK_FY_04.doc
Directory: C:\Documents and Settings\tingleyg.SPECWAR\Local
Settings\Temporary Internet Files\OLKD7
Template: C:\Documents and
Settings\tingleyg.SPECWAR\Application
Data\Microsoft\Templates\Normal.dot
Title: PST SCREENING DATES AND TIMES
Subject:
Author: ROYR
Keywords:
Comments:
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